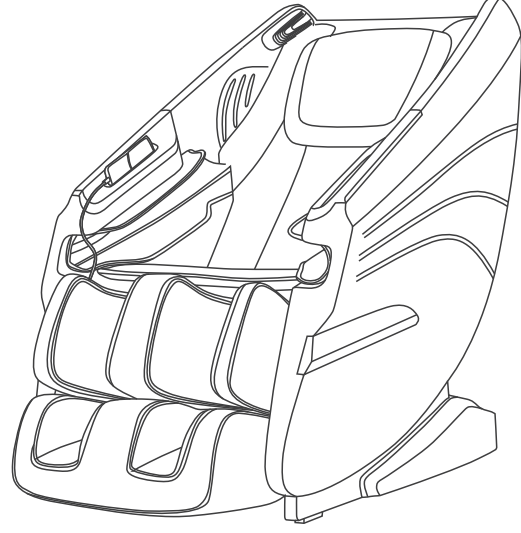


210 mm

285 mm

SAVE THESE INSTRUCTIONS



A235-16 MASSAGE CHAIR
OPERATION INSTRUCTIONS

105G双铜纸

此页无需打印

技术要求:

1. 印刷表面不能模糊不清, 不得有漏印、错印、混色、色差、重影、色薄、花痕、表面异物等影响外观的不良现象。
2. 文字、图案印刷不得有断字、断线、残缺、粗细不均、字体粗细偏差、锯齿等不良现象。
3. 印刷表面不得有斑点、针孔、边角漏印、桔皮等不良现象。
4. 印刷需符合设计文档。
5. 具体内容参考电子文档。

标记	处数	分区	更改文件号	签名	年月日
设计	沈丽佳	2025.02.18	标准化		
校对			工艺		
审核			批准		

(材料标记)				105G双铜纸	
				阶段标记	版本
			V1.0		1:1
共 1 张		第 1 张		投影符号	

艾力斯特健康科技有限公司	
说明书	
A235-16 英文中性	
投影符号	第一角

1

2

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4

A

B

C

D

E

F

A

B

C

D

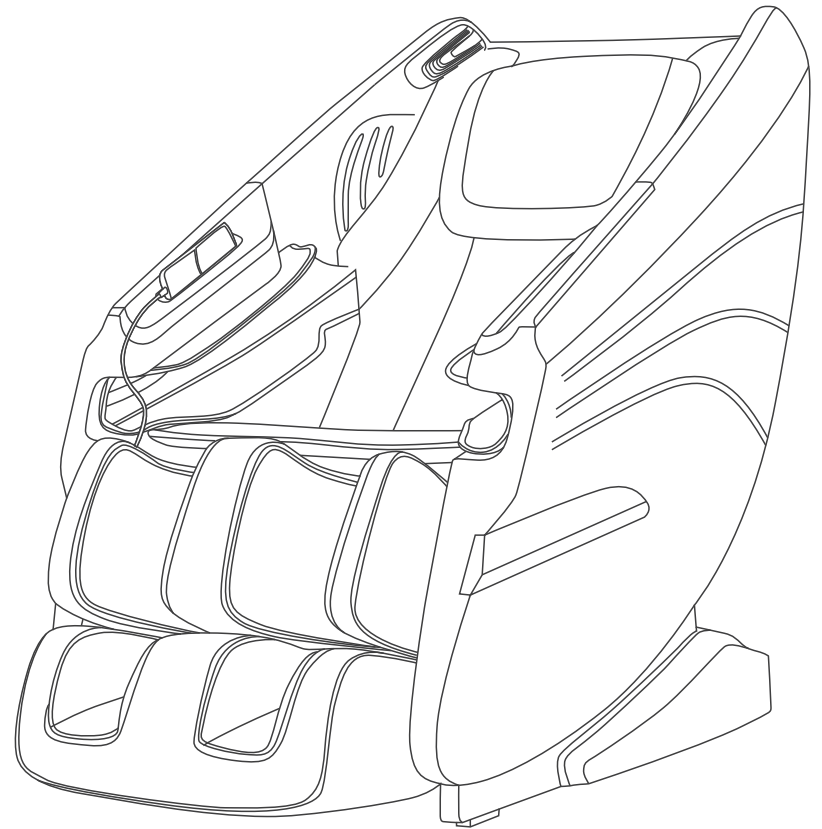
E

F

A235-16 MASSAGE CHAIR

OPERATION INSTRUCTIONS

SAVE THESE INSTRUCTIONS



Thanks for purchasing this product. Please read this manual instruction carefully in order to know how to use this product correctly before operation. Please pay more attention to some important safety warning and keep this manual book properly for future use.

Note: Our company reserves the right to change and explain the design of the product. If there is some difference between the product function in market circulation and the description in the manual, it is a normal update of the product, and our company will not inform you otherwise. The specific product function and color shall prevail in kind.

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Safety Precautions must be observed


- Please read all relevant instructions carefully before use.
- The notes marked here will help you to use the product safely and correctly.
- In order to clearly indicate the extent of harm and damage, precautions are divided into **"Warning"** and **"Caution"** that may be caused by incorrect use. Both of them are important for safety and must be followed.

 Warning	Indicates that serious injury or death may result from improper use.
 Caution	Indicates that misuse may cause minor injury or property damage.


- Please pay attention to the symbol before each safety item.


 Forbidden	Absolute prohibition
--	----------------------

The following populations should not use this product


 Forbidden	<ul style="list-style-type: none"> ■ The device is not intended for use by persons (including children) with physical disabilities, sensory or neurological impairments or who lack experience and common sense, unless they are supervised and instructed in the use of the device by those responsible for their safety. Children must be supervised to ensure they do not use tools for play. ■ Patients with osteoporosis. ■ Patients with severe heart disease and wearing implantable medical devices such as pacemakers and defibrillators that are susceptible to electromagnetic waves. ■ People who have a fever (above 38 degrees). ■ Pregnant women or shortly after childbirth and during their menstruation period. ■ People who follow medical advice and are prohibited from receiving massage due to thrombosis, aneurysm, severe varicose veins, or other circulatory diseases. Within two weeks after the appearance of blood clots, it is strictly prohibited to massage any form of body parts that have blood clots. ■ Patients who are injured or have a skin disease. ■ When unsupervised, any children are under the age of 14 and those unconscious are not allowed to use this product. ■ People who require rest or feel unwell as instructed by a doctor. ■ People with spinal abnormalities or scoliosis are prohibited from receiving this product due to medical advice due to other diseases. ■ People whose bodies are wet are forbidden to use this product. ■ This product has a hot surface. Persons insensitive to heat must pay attention when using this product.
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Safety Precautions must be observed


Important safety warnings	
 Warnings	<ul style="list-style-type: none"> ■ Keep children away from the movable parts of this product. ■ Use the well-grounded power supply unit suitable for this product. ■ Pull out the plug after use or before cleaning to avoid any damage to physical injury or the product. ■ Operate this product as instructed in this manual. ■ Do not use any parts or accessories which are not recommended. ■ Do not use this product outdoors. ■ Do not use near open flames such as stoves, and do not smoke while using. ■ Do not use heating equipment such as electric blankets on this product. ■ Do not sit on the back of the chair, leg massagers, shoulders, armrests, or stand on the seat. ■ Please read the Operation Instructions carefully before operation. ■ Never use this product for any other purpose not listed in the manual . ■ 20 minutes of usage each time is recommended. ■ Do not use this product if the cover or leather is broken or damaged. ■ Do not drop anything into this product. ■ Never fall asleep while using this product. ■ Do not use this product if you are drunk or feel unwell. ■ Do not use this product within one hour after a meal. ■ Do not use this product with excessive force to avoid any injury. ■ Do not use for purposes other than massage. ■ If the supply cord is damaged, to avoid danger, it must be replaced by a professional from the manufacturer, its maintenance department or similar department

Operating environment	
 Caution	<ul style="list-style-type: none"> ■ Do not use this product in a very moist environment such as the bathroom. ■ Stop using this product immediately when the ambient temperature changes sharply. ■ Do not use this product in any heavily-dusty or caustic environment. ■ Do not use this product in a small space or a place without good ventilation.


Safety Precautions (must be observed)

Storage conditions	
 Caution	<ul style="list-style-type: none"> ■ Storage room temperature: 5 °C to 40 °C. ■ Relative humidity (RH) between 20% and 80%; free of corrosive gases, and a well-ventilated room.

Product service and maintenance	
 Caution	<ul style="list-style-type: none"> ■ This product should be maintained by the service center designated by the manufacturer only. No user should disassemble or maintain it without permission. ■ Do not forget to turn off the main power switch after usage. ■ Do not use this product if the power socket becomes loose. ■ If this product will be left unused for a long period of time, it is necessary to roll up the power cord of this product and store this product in a dry and dust-free environment. ■ Do not store this product at a high temperature or near open flame. Avoid prolonged exposure to direct sunshine. ■ Please clean this product with dry cloth. Never use thinner, benzene or alcohol. ■ The mechanical components of this product are specially designed and manufactured, so no special maintenance is needed. ■ Do not use a sharp object to stab at this product. ■ Do not roll or pull this product on any uneven ground. Instead, it should be lifted before moving. ■ Please use this product intermittently. Do not keep it working continuously for a long period of time.

Solutions to ordinary malfunctions	
 Caution	<ul style="list-style-type: none"> ■ If the motor sounds during operation of this product, this is the normal operation sound. ■ If the controller cannot work normally, check whether the plug and the power socket are connected reliably, and whether the power switch is turned on. ■ If the rated working time is over, this product will automatically activate the power-off button; If this product keeps operating for a long period of time, the temperature protector will stop this product automatically. The product can be used again after half an hour.

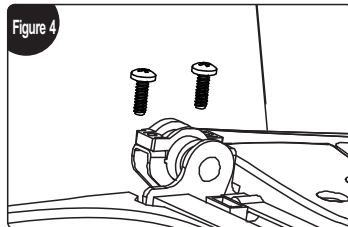
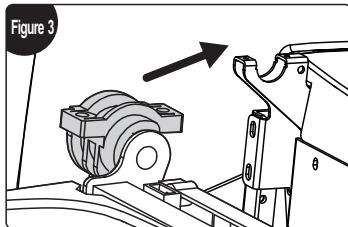
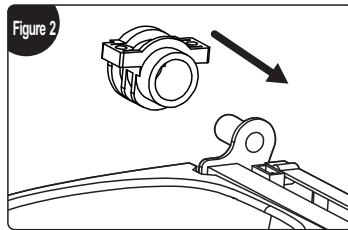
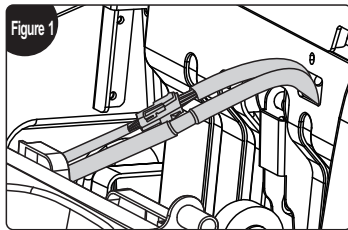
Safety Precautions (must be observed)

Safety precautions	
 Caution	<ul style="list-style-type: none"> ■ Check whether voltage is consistent with the specification of this product. ■ Never insert or pull out the plug with a wet hand. ■ Do not let water flow into this product to avoid electric shock or cause damage to this product. ■ Do not pull the power cord when plugging or unplugging it. Rough handling is forbidden. ■ Do not damage the wire or modify the circuit of this product. ■ Do not clean live parts of this product with a wet cloth such as a power switch and plug. ■ Be away from this product in case of power failure to avoid any injury if power is restored suddenly. ■ Stop using this product at once while it works abnormal, and consult your local supplier. ■ Stop using this product if you feel unwell, and consult your health care practitioner.

Installation Parts

Calf installation instructions

1. After connecting the lower leg and the air tube on the massage chair with the wire harness, untie the fixed pipeline belt and insert the connecting part into the seat frame (Fig. 1).
2. Sleeve the lower leg fixing block on the round tubes on the left and right sides of the lower leg (Fig. 2).
3. Hang the lower leg sleeved with the fixing block on the hook of the massage chair seat frame (Fig. 3).
4. Fasten the lower leg on the massage chair with 4 M4 screws (2 on the left and 2 on the right). Check whether there is any abnormality in the up-and-down turning and whethe(Fig. 4).



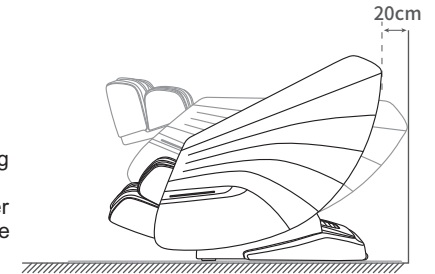
Place Massage Chair

Installation placement

Make sure there is enough space for the massage chair can be tilted at least 20 cm.



Do not expose the massage chair directly to high temperature environment due to sunlight (such as: in front of heating equipment), and place it to where can avoid high temperature and direct sunlight. It is recommended to lay a soft cushion for long-term use in a designated location. When laying the cushion, the size of the cushion should be enough to cover. Keep the range where the machine touches the floor and the range where your feet touch the floor.

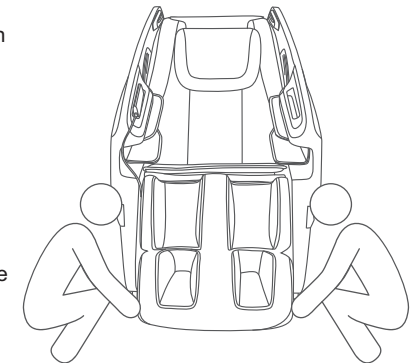


Product lift instruction

Require team work to lift and move the chair to avoid injury.



1. Please lift the massage chair to move it on vulnerable ground such as wooden floor.
2. When moving on a similar wooden floor, it is recommended to lift it. Avoid damage to the casters. When the floor is lifted and moved to the designated position, be careful to keep your hands out of the way to avoid injury, and be careful of your feet being crushed. Do not let go of the unit until the unit is completely flat, the floor may be damaged, therefore, it is recommended to place mats, etc. on the floor.



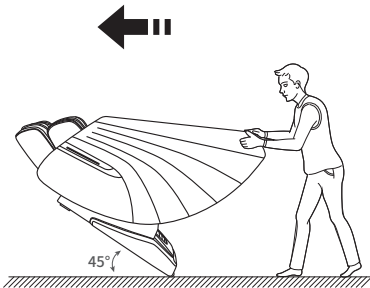
Place Massage Chair

Move method

Use the rear casters to move the massage chair. Move the chair by tilting it down and backward about 45° as shown in the diagram.

NOTE: Excessive force to title will cause the chair to tip over completely and product damage.

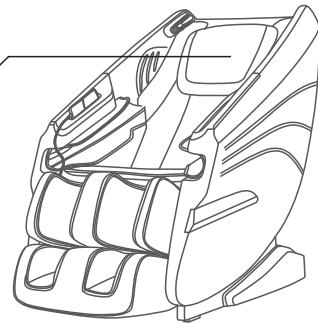
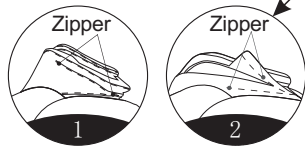
1. Before moving, please shut down the machine properly to reset the whole machine, and then cut off the power.
2. Please keep the chair vacant when moving. (People, pets or clutter will not be able to stay on the chair.)
3. When moving, do not cross a drop barrier higher than 2mm or a gap greater than 5mm.
4. When using casters to move this product, single continuous movement is not supported; if the distance exceeds 50 meters, please make this product move slowly and evenly.



Caution

How to disassemble and use headrest cushion and backrest cushion

Using a headrest cushion can reduce the intensity of kneading massage on the neck and shoulders, and you can decide whether to use a headrest cushion according to your needs (recommended to use a headrest cushion). The backrest cushion and the backrest are connected by a zipper (1), and the headrest cushion and the backrest cushion are connected by a zipper (2).

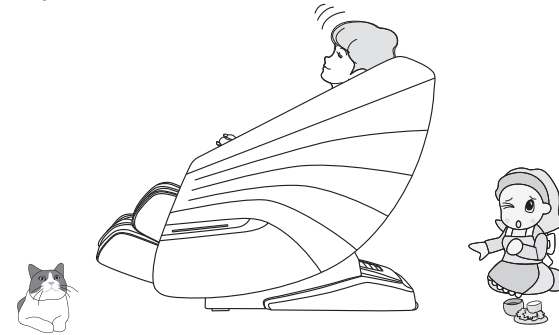


Caution

Before Use

Check around

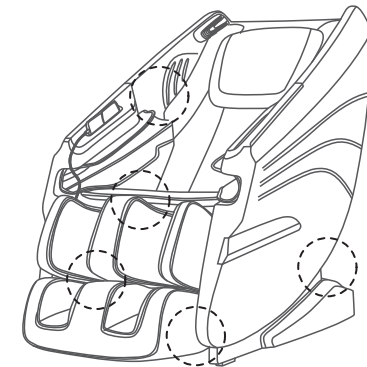
Make sure that there are no people, pets and other objects around the unit.



Caution

Make sure there are no foreign objects in the gaps of the machine

Before massaging, make sure that no foreign objects are caught in the legs, feet, etc. Under no circumstances allow hands, feet, and head to penetrate into the area between the lower leg mechanism and main body, or the area between the armrest and the capsule. Under no circumstances should hands, feet, or head sink under the fabric or leather covering of the massage area.



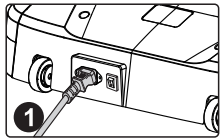
Caution

Before Use

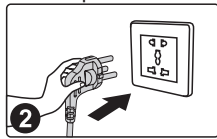
Turn on the power

CAUTION

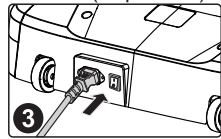
Plug in power cord



Schematic diagram of power on



Turn on the power switch ("I" position)

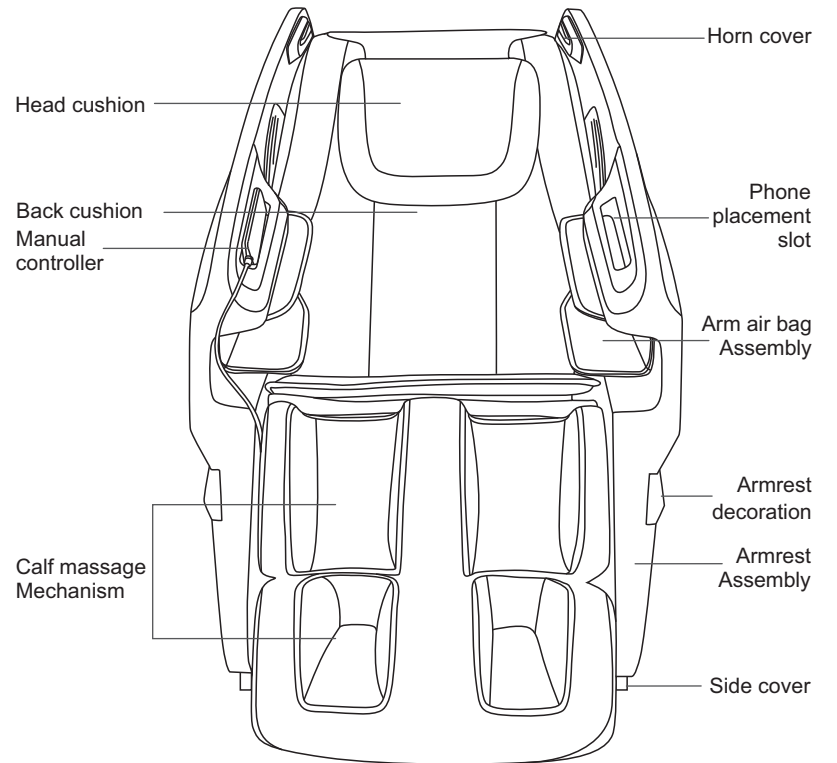


Warnings

- Please check the power cord and plug for damage before use.
- Please supply power to this product in accordance with the working power requirements of this product's calibration.
- It is strictly forbidden to use a power supply other than the nominal power supply of this product.
- It is strictly forbidden to connect various power conversion devices without authorization to supply power to this product.

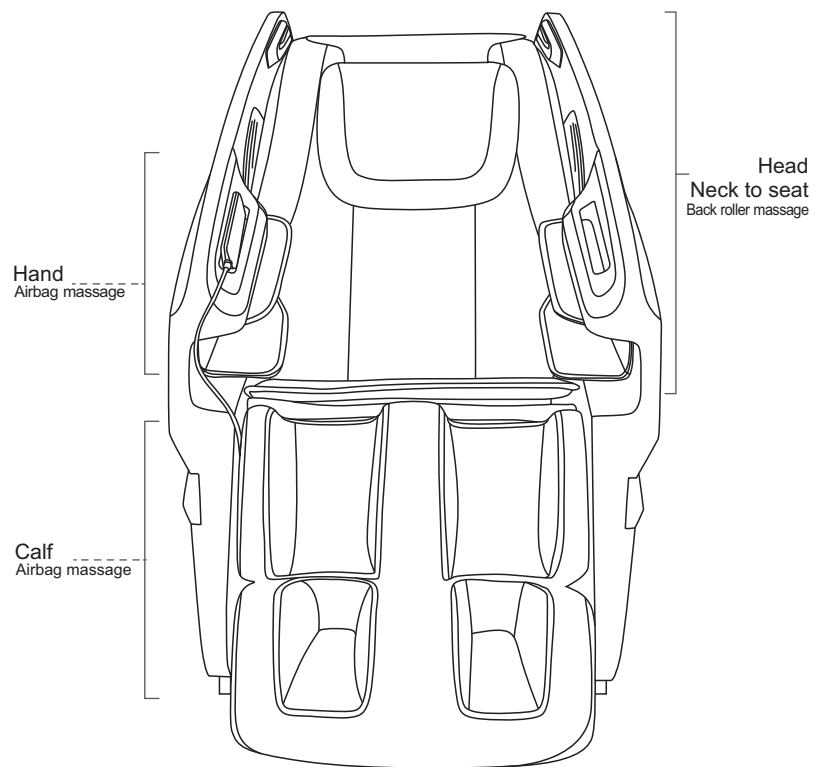
Product Structure

Parts description



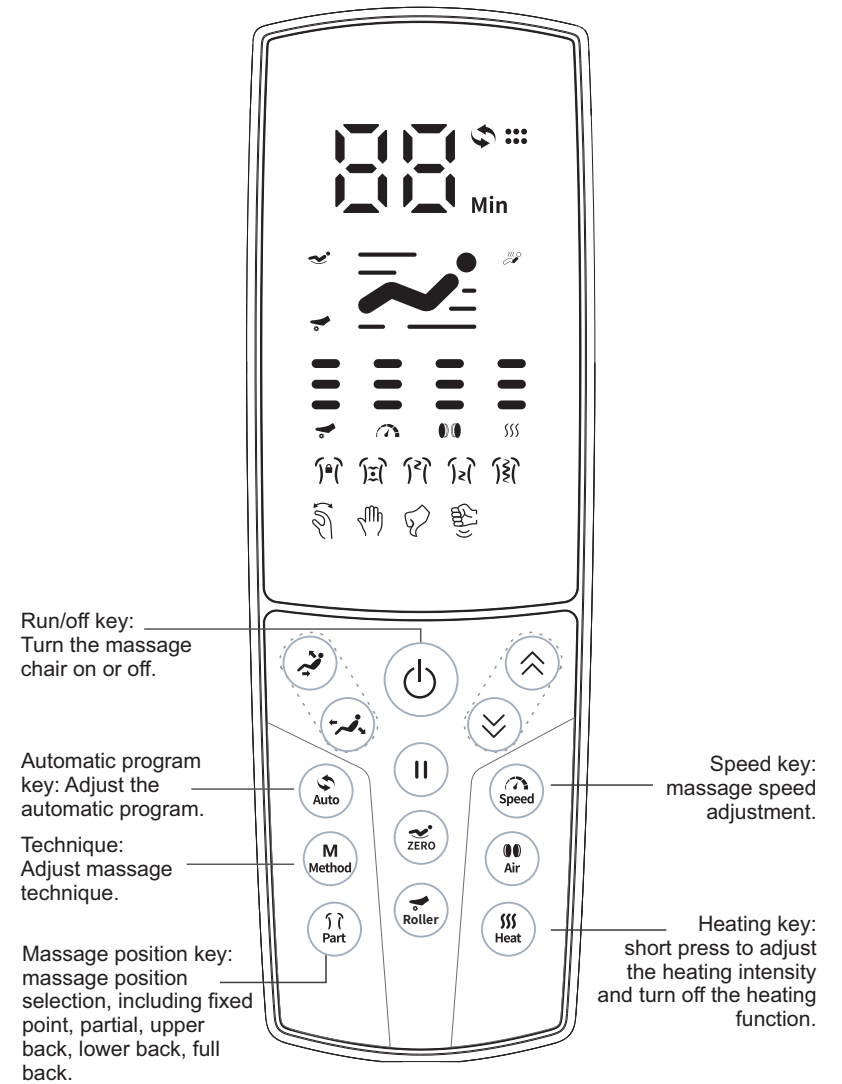
Product Structure

Function distribution

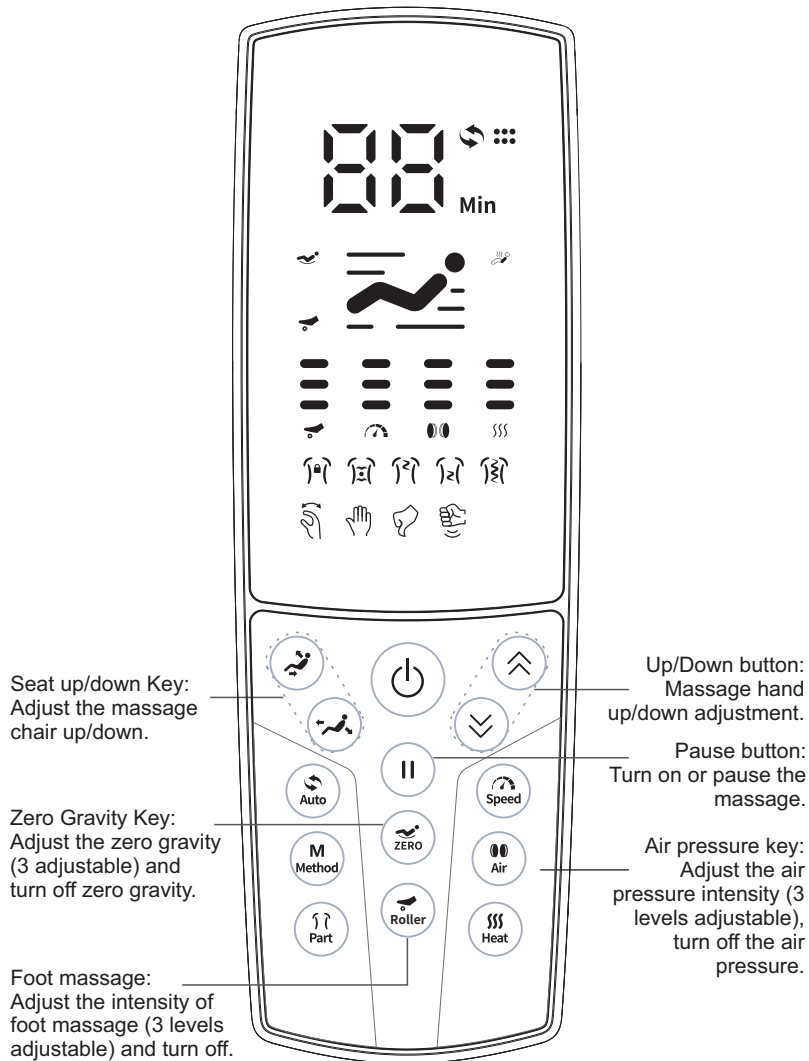


Product Structure

I . Introduction to the remote controller



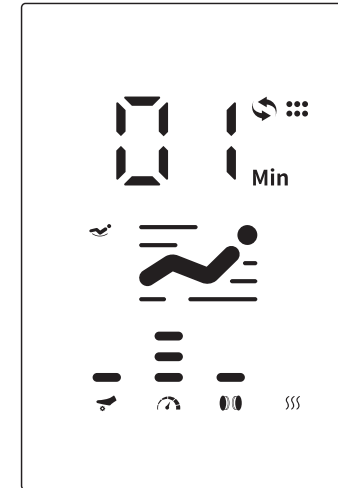
Product Structure





Operation Instructions

II、 Start massage

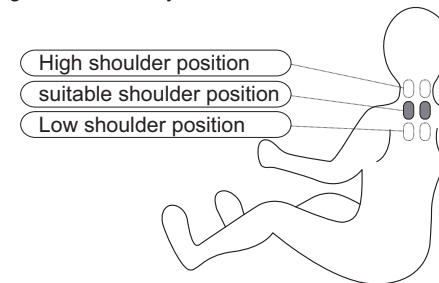
1. Press the power key  to start the massage.



Schematic diagram of the power-on

2. Automatically adjust the angle.
3. Automatically detect human shoulder position, keep sitting posture fit with massage chair.
4. Conduct fine adjustment of shoulder position. If the detected position deviates from the actual shoulder position, adjust to the proper position by Up  and Down  keys for shoulder position. Shoulder position is adjustable. If no shoulder position adjustment within 10 seconds, the massage function will be started.


Note: The Auto function can be selected during the boot-up process and the massage can be directly started.



Operation Instructions

III. Automatic program (Please use this function after power on)

1. Automatic program selection


- (1) Press the automatic program key  of remote and select the automatic program to start the massage.
- (2) Short press to change the automatic program.



2. Automatic program introduction


Function	Description	Display
Fast Massage	Quickly experience all massage effects.	01
Comfort Massage	The most comfortable massage experience.	02
Relax Massage	Gentle and comfortable deep massage, which can relieve body fatigue and relax the body.	03
Full body Massage	Deep massage, which can revive body vitality.	04
Neck& shoulder Massage	According to the unique neck and shoulder massage method, through effective massage of cervical spine and scapula, neck and shoulder pain can be relieved and neck and shoulder fatigue can be improved.	05
Back& Waist Massage	Focus on the back and waist to relieve back and waist soreness.	06
Stretch Massage	The lower leg frame and the backrest frame are lifted, effectively relieving tiredness, relieving joint soreness and restoring vitality.	07
Sport Recovery	Quick recovery of body fatigue after exercising.	08











Operation Instructions


IV. Manual massage








1. Massage technique, press the manual key  of the remote controller, you can choose the massage technique.
 - (1) Massage technique: kneading, tapping, kneading&tapping, shiatsu, knocking and stop, press the manual key to cycle adjust.
 - (2) Information interface method display.

Function			
Stop	Tap		Shiatsu
Knead	Knead&Tap		Knock

2. Massage speed, press the speed key , you can adjust the massage speed.
 - (1) The massage speed is 1~3 level are optional, 1st is the slowest, and 3rd is the fastest.
 - (2) Information interface speed display.


Speed			
Level 1	Level 2	Level 3	
			
			
			

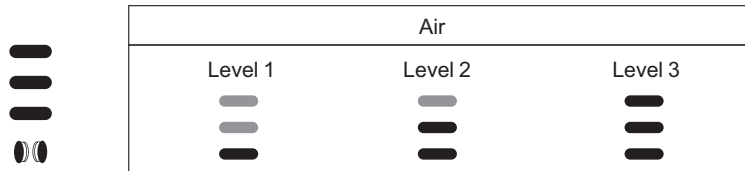
3. Massage the part, press the position key , you can select the massage position.
 - (1) Massage parts: fixed-point, partial, upper back, lower back, full back; Cyclic switching.
 - (2) Information interface part display.

Function	Description		
Spot 	Message at a fixed location.	When choosing fixed-point and partial massage area, you can adjust the massage area by pressing the "up key" and "down key" on the remote in the information interface state.	
Partial 	Message at a fixed location.		
Upper 	Round trip massage on the upper back.		
Lower 	Round trip massage on the lower back.		
Full 	Round trip massage on full back.		


Operation Instructions

V. Air pressure massage (Please use this function after power on)

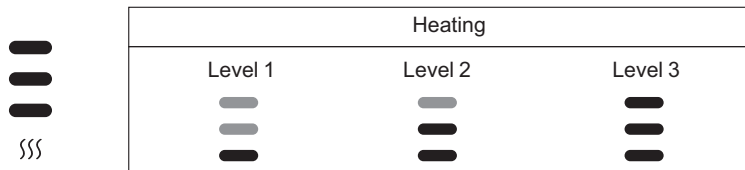
- Air pressure massage, press the air pressure key  , you can adjust the air pressure intensity and turn off the air pressure function.
- Air pressure intensity: After the air pressure function is turned on, the air pressure intensity can be adjusted, a total of 3 levels are adjustable, 1 means the weakest intensity, and 3 is the strongest.
- Information interface air pressure display.




VI. Accessibility function (Please use this function after power on)

- Heating intensity, press the heating key  ; Cycle to switch the heating intensity and turn off the heating function.

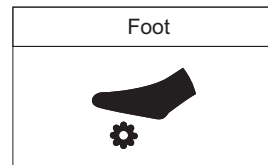
- The information interface about heating.



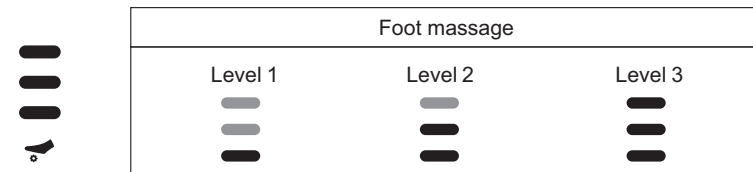
- Foot massage, press the foot massage key  , you can adjust the intensity of foot massage and turn off.

- Foot massage intensity: After the foot massage function turned on, the foot massage intensity can be adjusted, total 3 levels are adjustable, 1 means the weakest intensity, 3 means the strongest intensity.

- Information interface foot massage display.




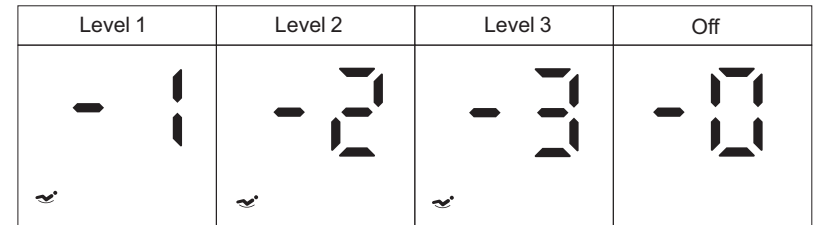
Operation Instructions




VII. Angle adjustment (Please use this function after power on)


- Zero gravity:

Press the handset zero gravity key  , each time you press it, change a zero gravity mode, total three zero gravity modes and off mode,. Information interface zero gravity display.



- Full body angle:

Press and hold the seat-down key  of the remote to start adjusting the angle of the massage chair downward, the backrest will descend, and the footrest will rise, and the adjustment will stop when the button is released;

Press and hold the seat-up key  on the remote to start adjusting the angle of the massage chair upward, the backrest rises, and the footrest descends, and the adjustment stops when the button is released.

When the adjustment reaches the limit, the adjustment will stop and a beeping sound will be issued.

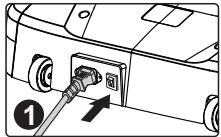
Operation Instructions

VIII. Massage close

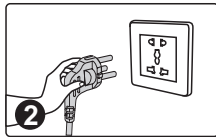
During the massage, press the hand control switch key "⏻" to turn off. Will immediately turn off all massage functions, reset the backrest and leg, or when the massage time is up, the massage automatically turns off all massage functions, and the backrest mechanism and leg mechanism do not reset.

Cut off the power supply of the whole machine, as shown in the attached picture (the schematic diagram of the power cut off of the whole machine).

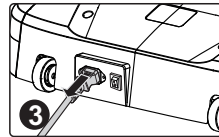
Turn off the power switch
("O" position)



Schematic diagram of
unplugging the power plug



Unplug the product from
the power cord

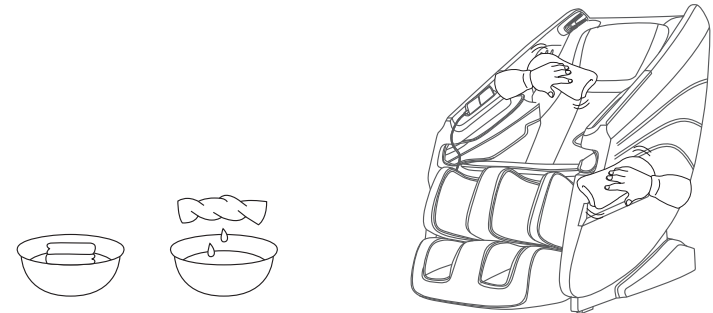


Cleaning And Maintenance

Cleaning synthetic leather and plastic parts

Wipe the leather with a soft, dry cloth.

- Do not use chemicals such as thinner, gasoline, alcohol, etc. to clean the unit.
- When using commercially available leather care products (rags), please follow the instructions for use.
- If synthetic leather is particularly dirty, wipe it in the following way.
 - ① Immerse a soft cloth in water or hot water containing 3% to 5% neutral detergent, then wring it out thoroughly.
 - ② Use the above soft cloth to wipe the leather surface.
 - ③ Wipe off the cleaning solution with a cloth soaked in clean water and thoroughly wrung out.
 - ④ Wipe with a wrung soft cloth.
 - ⑤ Let it air dry naturally.
- When it is difficult to remove stains, please immerse commercially available melamine foam in neutral detergent, and then wipe the machine with it.
- Do not use a hair dryer to dry the surface.
- Be careful when wiping the machine with denim and colored fabrics, as the color of the fabric will stain the surface of the synthetic leather.
- Do not expose the leather to plastic for a long time, as this can cause fading.
- Synthetic leather may be discolored, so when using hair dye, please cover the touched part with a towel.



Troubleshooting

Fault	When the calf mechanism or the backrest reaches a certain position, press the corresponding adjustment button and it will no longer change, and a continuous "beep, beep" sound will be emitted.
Solution	Due to product structure design and ergonomic requirements, this product has a limited protection design for the limit state of attitude adjustment. At the same time, a reminder sound will sound when the limit is reached.

Fault	The function does not work or some functions do not work after the machine is turned on.
Solution	After the machine is turned on by pressing the switch key, it is necessary to manually select an automatic massage program or other working state. If it is not operated, the machine will automatically shut down after 20 minutes. If the manual operation mode is selected, the functions that are not selected may be disabled, and the working mode needs to be manually set in the manual mode.

Fault	The machine makes a leather rubbing sound when adjusting its posture.
Solution	This product adopts high-grade anti-corrosion leather that meets environmental protection requirements. Due to the inherent characteristics of leather materials, there will be a normal slight noise when rubbing at the relative movement, which is a normal phenomenon. Note: If you hear fabric or leather tearing sound when the machine is running, please stop using it immediately and seek professional maintenance.

Fault	The massage wheel did not reach the shoulders or neck.
Solution	If the head does not touch the head cushion or the back does not touch the backrest, the shoulder position may be lower than the actual position during the body shape detection process. Sit in the deepest position of the seat, rest your head on the headrest, and start over from the beginning.

Fault	The unit is damaged. The power cord or power plug is abnormally hot.
Solution	To prevent accidents, be sure to contact an authorized service center.

Please feel free to contact the designated service personnel for any questions or doubts about this product.

Product Specification

Model: A235-16

Name: Massage Chair

Rated voltage: 110-120V~ 60Hz
220-240V~ 50Hz/60Hz

Rated power: 120W

Rated time: 20min

Safety structure: Class I